

国民健康保険税申告書の提出について(お願い)

Request to Submit Your National Health Insurance Tax Declaration Form

To calculate your National Health Insurance Tax for Reiwa 8 (2026) and decide your medical payment limit, we need to know your income for Reiwa 7 (2025).

If your income for 2025 is not known, we have sent you the National Health Insurance Tax Declaration Form for Reiwa 8. If you received the form, please kindly: Write your income from January to December 2025 and send it back by **June 16 (Tuesday), 2026**, using the instructions below. (*You can use the sample as a guide.*)

Documents to Submit

・ National Health Insurance Tax Declaration Form for Reiwa 8 (2026)

※ If you have documents that show your income (such as a **gensen chōshūhyō** o income statement), **please attach a copy.**

How to submit

Please send it by **mail using the return envelope** that is enclosed.

Why is it important?

- It is used **to calculate your household's** yearly health insurance tax.
- You might **get a discount on the insurance tax.** Please **submit the form even if you have no income.**
- It is needed to **decide the limit of how much you pay** at the hospital.

記入例

【National Health Insurance Tax Declaration Form】

() You must declare your income from January 1 to December 31 of the relevant year, by type of income.

様式第5号(第4条関係)

① Please write your name and date of birth.

② Please write your current address.

③ Please write your address on the specified date.
※If you were living in another country on that date, write the name of the country.

④ Please write your occupation.

⑤ Please write your phone number.

⑥ Please write the name of the head of the household.

⑦ Please write your relationship to the head of the household.

年分) 氏健康保険税申告書

職業又は勤務先

(電話番号)

年 月 日生

(世帯主の氏名)

手1月1日の住所)

(世帯主からみた続柄)

| 所得の種類 | ① 収入金額 | ② 必要経 |
|-----------|--------|-------|
| 営 業 | 円 | |
| 農 業 | 円 | |
| 不 動 産 | 円 | |
| 専 従 者 控 除 | | |
| 配 当 | 円 | |
| 給 与 | 円 | |
| 専 従 者 給 与 | 円 | |
| 公 的 年 金 | 円 | |
| 譲 渡 | | |
| そ の 他 | 円 | |

⑧ In [① Income Amount, etc.]. Write the amount of money you earned.

【For people with no income】

Write '0 yen' in all parts of ①.
⇒ Then, go to [③ For people with No Income].

【For people who had income】

Please write your income amount in section ①.
If you had any necessary expenses, write the amount in section ②. Then, subtract ② from ① and write the result in section ③.
(①-②=③)

※Only income from Japan should be included.

【For people receiving public pension】

• Among public pensions, **survivor's pension(遺族年金)** or **disability(障害年金)** is considered non-taxable income, so please do not write the amount.

• For people receiving public pension (except survivor pension or disability pension),

In section ① (Public Pension 公的年金) → Write the amount of pension you receive. If you receive another type of pension (not public) → Write the amount in "Others" (その他).

※If you do not receive any pension → Write "0 yen".

② 譲渡所得に関する事項

| 資産の種類 (○で囲んでください) | 左の資産を取得した年月 |
|----------------------|-------------|
| 1 土地建物等 | |
| 2 その他の資産 | |

③ 所得がなかった方の記載欄 (該当数字を○で囲んで)

| |
|---------------------------------------|
| 1 非課税所得あり 障害年金・遺族年金・雇用保険・労災保険・生活保護 |
| 2 扶養されている |
| 3 失業中 (年 月 ~ 年 月) |
| 4 学生であったため |
| 5 預貯金 |
| 6 その他 () |

⑨ If all the amounts in section ⑧ are '0 yen', circle the number that applies to you.

1 Non-taxable income

Disability pension · survivor's pension · Unemployment Insurance · Workers' Compensation Insurance · Welfare Assistance · Others

2 Being supported by family

3 Unemployed (Y M ~ Y M)

4 He/She was a student

5 Savings and Deposits

6 Others