

令和8年度 磐田市乳幼児行事予定表（英語）
Iwata City Children's Exam Schedule - Fiscal year 2026

| | When will receive the notice | To change the schedule |
|---------------------------------------|---|--|
| Baby food course | An invitation is delivered in Newborn home visit. | Only person interested, there will be no interpreter, no schedule required. |
| 7 months course | | |
| 1 year 6 months exam | Notices are mailed, with the date and time scheduled close to equivalent age. | Dates with interpreter are limited. Check the dates below and call Kodomo Wakamono Katei Center, i(Ai) Plaza 2F. |
| 2 years 2 months Fluoride application | | |
| 2 years 8 months Fluoride application | | |
| 3 years exam | | |

[Exam Location]

i(Ai) Plaza 2F (IWATA-SHI SOGOU KENKO FUKUSHI KAIKAN)
Iwata-shi Kounodai 57-7

[Contact for information]

Iwata City Office Kodomo Wakamono Katei Center
Kosodate Support Group

i(Ai) Plaza 2F ☎ 0538-37-2012

To participate in Health Examinations an Other Activities Safely

To ensure that everyone can attend the health examinations and related activities, we kindly ask for your cooperation with the following guidelines:

- Wearing a mask is based on individual judgment; however, the use of a mask is recommended as a measure to prevent infectious diseases.
- Please ensure that each child is accompanied by only one guardian as possible. Avoid bringing siblings or additional companions unless absolutely necessary.
- Measure the temperature at home before coming to the venue.
- Please refrain from bringing children (including siblings) affected by temporary closure of daycare, school closure, or class suspension, even as companions.

-If any one of the following applies to the child or family members living in the same household, please change your scheduled date by phone [0538-37-2012] and attend on another day:

- ①Fever of 37.5°C or higher, or symptoms such as flu, cough, or runny nose or other cold-like symptoms.
- ②Symptoms such as vomiting or diarrhea.
- ③In addition to the above, general discomfort or a health condition in which overall health has not fully recovered.

※If it becomes necessary to adjust the number of participants due to the spread of infectious diseases, the scheduled target age/month group or the event date may be changed.

Criteria for the cancellation of activities for infants and young children

About *Boofu (tokubetsu) keiho* -In the event of a special severe storm / heavy rain or tsunami warning.

- ★If is announced at 7:00 AM: all morning period exams, etc. will be canceled.
- ★If is announced at 11:00 AM: all afternoon period exams, etc. will be canceled.
- In the event of information or alerts related to a Nankai Trough Earthquake (large-scale earthquake alert) or others seismic disasters:
- ★Upon issuance of a large-scale earthquake alert: all activities will be cancelled for the entire day.
- ★If an earthquake of seismic intensity higher 5-lower occurs within the Iwata City: all activities will be cancelled for the entire day.
- ★If the Iwata City establishes emergency shelters due to disaster: all activities will be cancelled for the entire day.

Notes:

- ※ If a consultation or activity is cancelled, please attend on an alternative scheduled date.
- ※ For the latest disaster-related information, please check the official Iwata City website or the city's official Line account.

It is possible to confirm the Iwata City Children's Exam Schedule at [Iwata City Official LINE], [Iwata City Home page] and Apps below.



After Apps registration, proceed:

- 「地域の子育て情報」▶「磐田市の妊娠・子育て情報」▶
- 「健診・予防接種・教室」▶「乳幼児健康診査・教室」▶
- 「乳幼児の健康診査及び教室」でご確認ください。

| Baby food course (total approximately 1 hour) | | | | | | |
|---|-------------------------------------|----|----------|----|----------|----|
| Reception | AM 9:30 to 9:45 / PM 13:30 to 13:45 | | | | | |
| Born/day | 1 to 10 | | 11 to 20 | | 21 to 31 | |
| 2025/Nov | 10-Apr | AM | 10-Apr | PM | 24-Apr | AM |
| December | 8-May | AM | 8-May | PM | 22-May | AM |
| 2026/Jan | 12-Jun | AM | 12-Jun | PM | 26-Jun | AM |
| February | 10-Jul | AM | 10-Jul | PM | 24-Jul | AM |
| March | 7-Aug | AM | 7-Aug | PM | 28-Aug | AM |
| April | 4-Sep | AM | 4-Sep | PM | 18-Sep | AM |
| May | 9-Oct | AM | 9-Oct | PM | 23-Oct | AM |
| June | 6-Nov | AM | 6-Nov | PM | 20-Nov | AM |
| July | 11-Dec | AM | 11-Dec | PM | 25-Dec | AM |
| August | 15-Jan | AM | 15-Jan | PM | 29-Jan | AM |
| September | 12-Feb | AM | 12-Feb | PM | 26-Feb | AM |
| October | 12-Mar | AM | 12-Mar | PM | 19-Mar | AM |

| 7 months course (total approximately 1 hour) | | | | | | |
|--|--------------------------------------|----|----------|----|----------|----|
| Reception | AM 9:45 to 10:00 / PM 13:45 to 14:00 | | | | | |
| Born/day | 1 to 10 | | 11 to 20 | | 21 to 31 | |
| 2025/Sep | 9-Apr | AM | 14-Apr | AM | 14-Apr | PM |
| October | 12-May | AM | 12-May | PM | 13-May | AM |
| November | 2-Jun | AM | 2-Jun | PM | 3-Jun | AM |
| December | 7-Jul | AM | 7-Jul | PM | 8-Jul | AM |
| 2026/Jan | 4-Aug | AM | 4-Aug | PM | 5-Aug | AM |
| February | 1-Sep | AM | 1-Sep | PM | 2-Sep | AM |
| March | 6-Oct | AM | 6-Oct | PM | 7-Oct | AM |
| April | 10-Nov | AM | 10-Nov | PM | 11-Nov | AM |
| May | 1-Dec | AM | 1-Dec | PM | 2-Dec | AM |
| June | 5-Jan | AM | 5-Jan | PM | 6-Jan | AM |
| July | 2-Feb | AM | 2-Feb | PM | 3-Feb | AM |
| August | 2-Mar | AM | 2-Mar | PM | 3-Mar | AM |

| 1 year 6 months exam (total approximately 2 hours) | | | |
|--|--------------------------|--------|--------|
| Birth/month | Reception 13:00 to 13:30 | | |
| 2024/Sep | 15-Apr | 21-Apr | 22-Apr |
| October | 20-May | 21-May | 27-May |
| November | 17-Jun | 18-Jun | |
| December | 8-Jul | 15-Jul | 16-Jul |
| 2025/Jan | 20-Aug | 26-Aug | 27-Aug |
| February | 9-Sep | 29-Sep | 30-Sep |
| March | 21-Oct | 22-Oct | |
| April | 11-Nov | 18-Nov | 19-Nov |
| May | 2-Dec | 16-Dec | 17-Dec |
| June | 20-Jan | 21-Jan | 27-Jan |
| July | 17-Feb | 18-Feb | 24-Feb |
| August | 3-Mar | 10-Mar | 17-Mar |

| 2 years 2 months Fluoride application (total about 30 minutes) | | | | | | |
|--|---------------------------------------|---|------------------------|---|--------|---|
| Reception / Month of birth | AM 10:00 to 10:30 / PM 14:45 to 15:15 | | | | | |
| | ★→only PM | | without star→AM and PM | | | |
| 2024/Jan | 15-Apr | ★ | 21-Apr | ★ | 22-Apr | |
| February | 20-May | ★ | 21-May | ★ | 27-May | |
| March | 17-Jun | | 18-Jun | | | |
| April | 8-Jul | ★ | 15-Jul | ★ | 16-Jul | ★ |
| May | 20-Aug | | 26-Aug | ★ | 27-Aug | ★ |
| June | 9-Sep | | 29-Sep | ★ | 30-Sep | ★ |
| July | 21-Oct | | 22-Oct | ★ | | |
| August | 11-Nov | ★ | 18-Nov | | 19-Nov | ★ |
| September | 2-Dec | ★ | 16-Dec | | 17-Dec | ★ |
| October | 20-Jan | ★ | 21-Jan | | 27-Jan | ★ |
| November | 17-Feb | ★ | 18-Feb | ★ | 24-Feb | ★ |
| December | 3-Mar | ★ | 10-Mar | | 17-Mar | ★ |

| 2 years 8 months Fluoride application (total about 30 minutes) | | | | | | |
|--|---------------------------------------|---|------------------------|---|--------|---|
| Reception / Month of birth | AM 10:00 to 10:30 / PM 14:45 to 15:15 | | | | | |
| | ★→only PM | | without star→AM and PM | | | |
| 2023/Jul | 16-Apr | | 23-Apr | | | |
| August | 13-May | ★ | 14-May | | 28-May | ★ |
| September | 4-Jun | | 10-Jun | ★ | 11-Jun | ★ |
| October | 1-Jul | ★ | 2-Jul | ★ | 9-Jul | |
| November | 5-Aug | ★ | 6-Aug | | 19-Aug | |
| December | 2-Sep | ★ | 3-Sep | | 10-Sep | |
| 2024/Jan | 1-Oct | ★ | 7-Oct | ★ | 8-Oct | |
| February | 12-Nov | ★ | 25-Nov | | 26-Nov | ★ |
| March | 3-Dec | ★ | 9-Dec | ★ | 10-Dec | |
| April | 14-Jan | ★ | 19-Jan | ★ | 28-Jan | ★ |
| May | 3-Feb | ★ | 4-Feb | | 25-Feb | ★ |
| June | 4-Mar | | 11-Mar | ★ | 18-Mar | ★ |

| 3 years exam (total approximately 2 hours) | | | |
|--|--------------------------|--------|--------|
| Month of birth | Reception 13:00 to 13:30 | | |
| 2023/Jan | 16-Apr | 23-Apr | |
| February | 13-May | 14-May | 28-May |
| March | 4-Jun | 10-Jun | 11-Jun |
| April | 1-Jul | 2-Jul | 9-Jul |
| May | 5-Aug | 6-Aug | 19-Aug |
| June | 2-Sep | 3-Sep | 10-Sep |
| July | 1-Oct | 7-Oct | 8-Oct |
| August | 12-Nov | 25-Nov | 26-Nov |
| September | 6-Jan | 9-Dec | 10-Dec |
| October | 14-Jan | 19-Jan | 28-Jan |
| November | 3-Feb | 4-Feb | 25-Feb |
| December | 4-Mar | 11-Mar | 18-Mar |